

Abundant Life Church
Pastor Steve Finton
May 21, 2017

Series: ***The Counselor***

Title: ***Why Are You So Afraid?***

Questions with a Counselor:

- What are you trying to accomplish with the person you are counseling?
- When someone comes to counseling the first time... What is the first big question you ask?
 - What brought you into counseling today?
- Do people prefer you just tell them what they need to do?

One of the bigger mistakes we make in reading Scripture is that we read it as a spectator.

We must put ourselves in their places!

To read Scripture as a mere spectator is to miss the keynote reason in reading it!

Answer the questions Jesus asks!

Mark 4:35-38 (NLT)

As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." 36 So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). 37 But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water. 38 Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?"

Jesus, don't you care that I am going to lose my...

Jesus never answers the "Don't you care about me?" question.

Mark 4:39-41

He (Jesus) got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. 40 He said to his disciples, "Why are you so afraid? Do you still have no faith?" 41 They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

Why are we so afraid in life when the storm hits?

You're in the storm with his presence.

Mark 4:37 -38

A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. 38 Jesus was in the stern, sleeping on a cushion.

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The storm is not going to sink you!

Psalms 46:1

God is my refuge & strength, my ever-present help in trouble.

Hebrews 13:5

God will Never leave me, nor forsake me.

Psalms 23

Though I walk through the valley...

You're in the storm for his purposes.

The disciples experienced a storm because they were in God's will.

I can't tell you if God caused the storm or allowed it—but he always uses it.

Mark 4: 41

The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

Your hope is not in the boat, and neither should your fear.